

**PSYCHOLOGY  
PAPER- 111  
BASIC PSYCHOLOGICAL  
PROCRSSES-2**

Umiya Arts College, sola

Kunjbihari (Visiting Faculty)

# Unit – 3 Memory

- ▣ Definition:

- (1) Past experiences awakened in the present.

- (2) Using the lessons learned directly.

# Stages of Memory

- ▣ (1) Encoding stage.
- ▣ (2) Storage stage.
- ▣ (3) Retrieval stage.

# Stages of Memory

## Stages of Memory

Encoding



Storage



Retrieval

# (1) Encoding stage.

- ▣ Gain experience,
- ▣ The impression of experience is imprinted in the brain,
- ▣ Notation.

## (2) Storage stage.

- ▣ Storage,
- ▣ Retention
- ▣ After 2 or 3 month.

## **(3) Retrieval stage.**

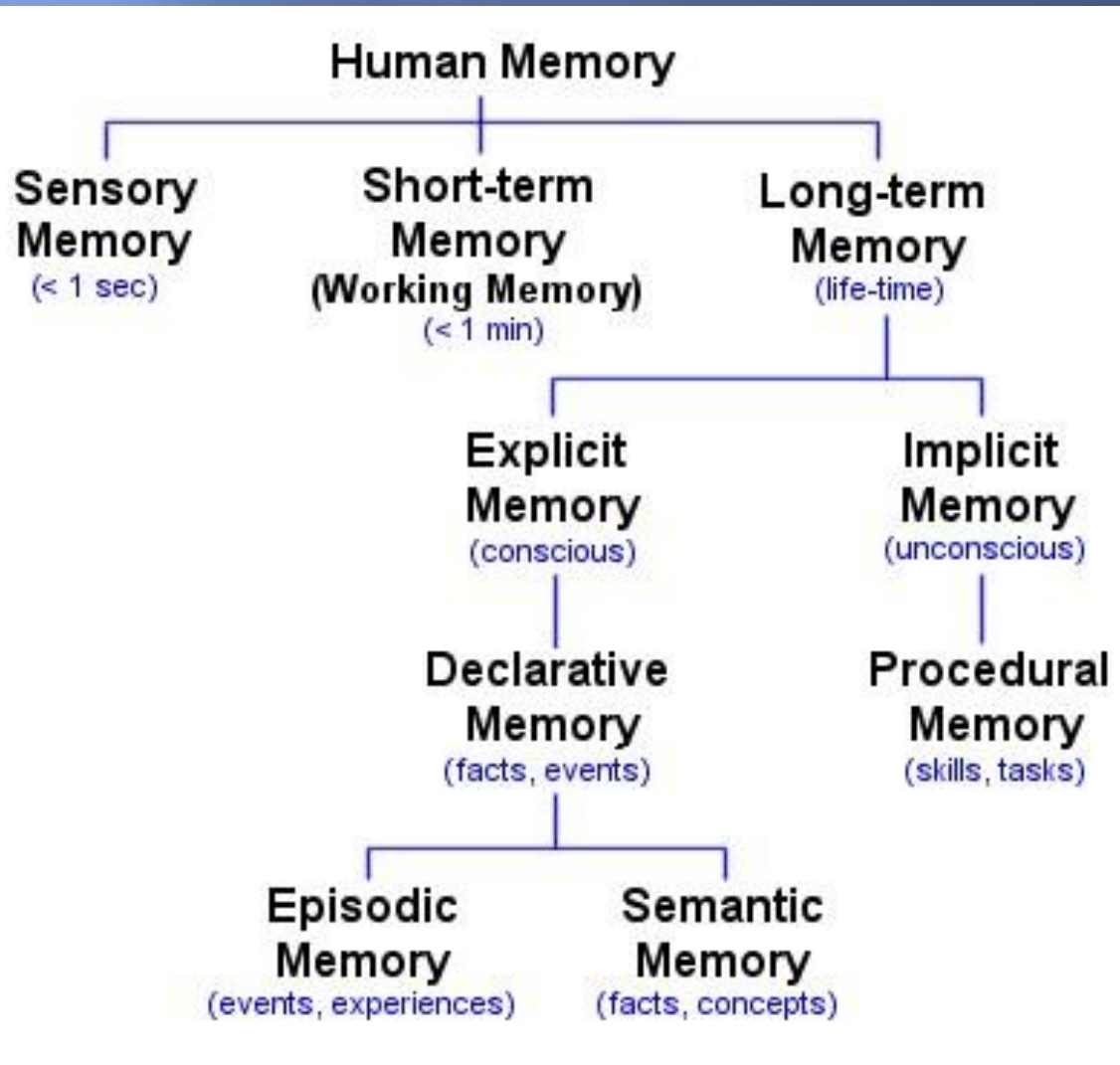
- ▣ These experiences are remembered when the experiences are stored in the brain.
- ▣ Recognition.
- ▣ Recall.

# Types of Memory

- ▣ Short Term Memory.
- ▣ Long Term Memory.



# Human Memory



# (1) Short Term Memory

- ▣ 20 to 30 Sec. Memory.
- ▣ Very Short time.
- ▣ Presented for a very short time.

## (2) Long Term Memory.

- ▣ A few minutes
- ▣ Life Time.
- ▣ Frequently Repeat.

# Assumption

- ▣ Repeat Method.
- ▣ Affirmation Method.
- ▣ Re-education – Savings Method.

# Effect of Assumption

- ▣ Perfection of meaning.
- ▣ The amount of education.
- ▣ The effect of infinity.

Thank You